## **Bhaarath Medical College & Hospital**

## World Mental Health Day 2020 report

Date: 16/10/2020

World Mental Health Day is been observed every year on 10<sup>th</sup> October. The Department of Community Medicine & Department of Psychiatry, Bhaarath Medical College & Hospital had organized a lecture on this occasion. Dr Vinoth, Tutor, Department of Community Medicine welcomed everyone. Dr Edwin Joe, Dean, BMCH, Dr Somasundaram, Medical Superintendent, BMCH and Dr Mohanasundaram, Vice Principal, BMCH addressed the gathering. Dr Thivya, Senior Resident, Department of Psychiatry spoke on Handling stress during COVID times. This programme was attended by all the doctors, Staff nurse, Admin staffs and non-teaching staffs of BMCH. The programme was also scheduled as Facebook live streaming.







